

18
UNDER
EIGHTEEN

Presented by:



## PAT WELDON

Pat Weldon is a 17-year-old student with a penchant for kindness and a passion for people. He founded his service project Art for Heart, a cardmaking initiative that brings his community together and provides support to those in need.

ABOUT

Pat founded Art for Heart during the COVID-19 pandemic while volunteering at Meals on Wheels. He noticed many of the elderly recipients felt isolated and alone, so he began making cards to deliver to them along with their meals. Noticing their appreciation for this small act of kindness, Pat expanded the program to his school, recruiting his peers to make their own cards to be delivered through his community.

Today, Art for Heart has collected and delivered over 15,000 cards to 18 facilities in the Pittsburgh area. The cards messages vary based on season and theme and have been distributed to various institutions like hospitals, senior living facilities, monasteries, and food banks.

Pat has won several community awards for his efforts such as the Chrome Federal Credit Union Random Acts of Kindness Award, Prudential Spirit of Community Award and the Carson Scholar Award. He hopes to continue to expand his program and convey the message that every act of kindness, no matter how small, has the possibility to brighten someone's day.

